



# **2024 STUDIO HANDBOOK**

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## Welcome

Welcome to CSDS. Our team could not be more excited to have you in our dance family and we look forward to making many memories together! We are super excited to see so many familiar faces and lots of new faces joining our dance family. This Handbook is your go to information for everything CSDS.

As always our friendly staff are here to help you with any queries you may have throughout the year.

We look forward to seeing you around the studio and are super excited for a wonderful year of dance in 2024.

## Studio Contact Details

Phone - 02 46 556 856

Email - [centrestagedance@bigpond.com](mailto:centrestagedance@bigpond.com)

Website - [www.centrestagedance.net.au](http://www.centrestagedance.net.au)

Address - Unit 3/3 Yarmouth Place Smeaton Grange

*Miss April  
and Simon*



## Registration

At the beginning of each dance year we ask all families, new or returning make sure we have your most update contact details, medical information and payment details. Enrolment can be made online though our website.

### Getting Started

Book in your  
trial class

1

2

Attend your  
trial class

Confirm your  
classes

3



## Dance Styles

### Lil Groovers Hip Hop

In this pre and early school program, your child's own individuality will shine through as they learn how to groove in rhythm and express themselves through movement. Through our structured, weekly Lil Groovers program, they'll have the opportunity to learn, dance, laugh and have fun as they progress naturally through the use of props, Cyphers, freestyling, and fundamentals.

### Jazz

These exciting classes focus on fun style and energizing technique. We include a warm up, stretching and corner work in each class.

By attending this class students gain a skill base of co-ordination, balance, rhythm, musicality and posture.

### Tap

This is a style of dance that allows your feet to be the accompaniment. Tap offers a high-energy style of dance that combines rhythm with technique.

### BAL Ballet

Ballet is the basic structure for all forms of dance.

Our ballet classes are carefully designed to develop the essentials for good dance technique. This means that posture, movement quality, balance and co-ordination are carefully monitored.

### Hip Hop

Hip Hop is now an accepted, distinct style of dance which is rapidly increasing in popularity.

CSDS classes offer a fast paced enjoyable class with moves that will not only challenge the mind and body but showcase all aspects of the hip hop style.

### Lyrical

Lyrical or Modern Expressive is a style that incorporates slow and expressive dance movements. CSDS classes allow students to use their ballet technique more openly while being encouraged to add feeling to their dance style.



## Dance Styles

### Contemporary

Contemporary or modern dance is a style that takes free natural movements but incorporates them into the technique and structure of ballet or jazz.

In our classes we aim to overlay the discipline of more traditional styles of dance with open interpretations.

### Gymnastics

Gymnastics is one of the most exciting forms of physical exercise. Great for the youngsters, it strengthens muscles, improves co-ordination and builds self confidence.

Students will be assessed prior to being assigned to a class

- Tiny Gymnastics - 2-5 years
- Beginners 6yrs and older – Students at a beginner level
- Intermediate – must be able to cartwheel
- Advance – must be able do forward/back walk over

### Singing

Learn how to hold a tune while having fun at the same time. CSDS offers classes for beginners right through to advanced singing levels.

From traditional songs to the latest pop and RnB songs, our advanced students compete in various competitions and concerts.

### Musical Theatre

To bring out the actor within, build self-confidence or just to feel at home in front of an audience.

Whatever the reason, Musical Theatre is a great way to tap into your creative side. Learn how to project your voice, to breathe correctly and to relax as you speak.

## Age Groups

**Pre junior** 2–4yrs

**Junior 1** Kindy and year 1

**Junior 2** Years 2 and 3

**Intermediate** Years 4 and 5

**Pre senior** Years 6, 7, 8

**Senior** Year 9+



## Class Fees

Fees are charged in order to maintain placing in classes. This fee is compulsory if the student misses their class. Fees can be paid to our friendly receptionist and is recorded in your file for you to see in the parent portal.

Refunds will not be offered for missed classes and makeup classes are not available.

### Direct Debit

This is our preferred and most simple payment method where you can choose to pay weekly through our Dance Studio Pro parent portal. Fees paid online incur transactional admin fees on top of class fees.

### Upfront Payment

If you prefer to pay upfront for the term it can be done either online or in person at the studio. This option allows you to pay fees by the Term within the first 3 weeks. You will be sent an invoice for the full term at the start of each term.

If payments are late there will be late fees added in your parent portal.

### Active/Creative Kids

We accept the NSW government vouchers. These can be submitted on our website.



Active  
Creative Kids

### Withdrawal

All students are invoiced based on the school term (10 weeks). Enrolments are presumed for the year and re-enrolment will roll over term by term unless told otherwise.

If you decide to drop classes mid term you will need to notify us at [csdsstudio@bigpond.com](mailto:csdsstudio@bigpond.com) as you will be continued to be charge.

## CLASS FEES

1 class	\$15
2 classes	\$24.50
3 classes	\$33
4 classes	\$40.50
5 classes	\$47
6 classes	\$52.50
Unlimited classes	\$56.50
Singing Solo (payed upfront by the term)	\$350



## Dates to remember

At CSDS we like to be super organised to help our families work around their busy schedule. Below are important dates to remember. More information will be released closer to events.

### 2024 CSDS DATES



**Term 1 Monday 29th January - Saturday 13th April**  
**10 week Term**

Crazy Hair week - Monday 8th - Saturday 13th April  
Easter Holiday - Friday 29th March - Monday 1st April

**Term 2 Monday 29th April - Saturday 6th July**  
**10 week Term**

Kings Birthday - Monday 10th June  
Rehearsal Week - Monday 17th June - Saturday 22nd June  
Mid Year Concert - Saturday 7th July

**Term 3 Monday 22nd July - Saturday 28th September**  
**10 week Term**

Pyjama week - Monday 12th - Saturday 17th August

**Term 4 Monday 14th October - Saturday 8th December**  
**8 week Term**

Labor Day - Monday 7th October  
Halloween week - Monday 28th Oct - Saturday 2nd Nov  
Rehearsal Week - Monday 18th Nov - Saturday 23rd Nov  
Photo weekend - 23rd and 24th November  
Christmas Party - Sunday 1st December  
End of Year Concert - Sunday 8th December





## Dress code

CSDS has an amazing variety of uniforms that can be purchased at the studio or online. Wearing a uniform is super important for our dancers as wearing our uniform gives our student a sense of belonging to something amazing.

Hair secured off the face and neck, in pony or bun for ballet

Appropriate and approved dance shoes with strings and laces tucked in

### Ballet

- Studio leotard
- Clean ballet shoes • Ballet stockings
- No skirt or shorts

### Jazz

- Any item of studio uniform • Tan stockings
- Black jazz shoes

### Hip Hop

- Any item of studio uniform
- White high top sneakers

### Tap

Any item of studio uniform

- Tan stockings
- Tan Mary Jane tap shoes (Pre Junior- junior 2)
- Black lace up tap shoes (Int 1 and above)

### Lyrical /Contemporary

- Any item of studio uniform
- Tan convertible stockings
- Ballet shoes (Pre Junior – junior 2)
- Foot undeez/pirouette (Int 1 and above)



## Concerts

Every student has the opportunity to perform in our Mid Year and End of year concerts. Concerts give our families the opportunity to watch our students showcase what they have been working on in classes and provides a sense of pride and achievement while in a encouraging environment.

## Costumes

Over the years we have built up a huge range of costumes to hire. Rather than buying costumes to only be worn once we make it super carefree for our families. Hire fees will be added to your child's class fees during terms 2 and 4.

## Communication

All communication will be done by email or SMS. Please make sure you login to your parent portal to make sure we have your correct email address and phone number.

All age groups have BAND App. Teachers upload videos of routines for students to practice at home.

Events and information are also posted in there.



Facebook Group

We also have a closed Facebook group for CSDS families to join.



Band App  
Pre Junior



Band App  
Lil Groovers



Band App  
Junior 1



Band App  
Junior 2



Band App  
Intermediate



Band App Pre  
Senior



Band App  
Boys Hip Hop



Band App  
The Oaks

## **Attendance**

We believe class attendance is super important. By committing to your weekly classes helps teachers with concert routines and your dancer's sense of commitment and purpose each and every week.

At CSDS we understand your dancer may be sick or injured. If possible we encourage our students to sit in and observe their classes.

Please let our admin staff know if you know ahead of time for trips planned or school events.

## **Sick or hurt**

If your dancer is going to be away due to sickness please call our admin staff. Unfortunately we don't offer makeup classes or refunds for missed classes.

If your dancer is injured during class please remind them to let their teacher know immediately and take advice on what to do or not do.

## **Ambulance policy**

If an ambulance is needed all associated costs will be parent's responsibility.

If it is not urgent parents will be informed first.

Insurance (students are not cover for personal injury/ambulance if you want this cover information can be provided)



## Studio Policies

To ensure the safe and smooth operation of CSDS and to provide an enjoyable experience for all, please familiarize yourself with the following policies:

### 1. Exclusive Enrollment at Centre Stage Dance Studio:

- As a Centre Stage Dance Studio student, we prohibit attending classes at other dance studios or clubs unless it involves a dance style not taught at our studio (e.g., Irish or Cheerleading).

### 2. Preparation and Punctuality:

- Dancers are expected to be fully prepared for class, including having their dance bag and supplies ready the day before.
- Ensure dancers are dressed in uniform, with hair appropriately styled.
- Arrive 10 minutes early to allow time for warm-up.

### 3. Communication Protocol:

- Any questions or feedback should be directed to our admin team or Miss April. We kindly request that parents and students refrain from contacting CSDS teachers via phone, email, or social media to respect their privacy and work hours.

### 4. Payment Options:

- Payment can be made through weekly Auto-Pay or as an upfront payment within the first 3 weeks of the term. Failure to pay may result in late fees, and parents are responsible for any dishonor fees.

### 5. Optimizing Learning Experience:

- We aim to provide the best learning experience for your dancer by placing them in the level we believe will maximize their learning.
- If a dancer feels they are not fully benefiting from their experience, we are open to working with them to enhance their learning within the same class.

### 6. Promoting a Positive Environment:

- Your dancer will follow your example; therefore, trust in the dance instructors' judgment and show them respect. This fosters a positive learning environment for everyone involved.

