



# 2022 Student Handbook



[www.centrestagedance.net.au](http://www.centrestagedance.net.au)

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# Welcome

Welcome to CSDS. Our team could not be more excited to have you in our dance family and we look forward to making many memories together! We are super excited to see so many familiar faces and lots of new faces joining our dance family. This Handbook is your go to information for everything CSDS.

As always our friendly staff are here to help you with any quires you may have throughout the year.

We look forward to seeing you around the studio and are super excited for a wonderful year of dance in 2022.

## Studio Contact Details

Phone - 02 46 556 856

Email - [centrestagedance@bigpond.com](mailto:centrestagedance@bigpond.com)

Website - [www.centrestagedance.net.au](http://www.centrestagedance.net.au)

Address - Unit 3/3 Yarmouth Place Smeaton Grange

*Miss April  
and Simon*



## Registration

At the beginning of each dance year we ask all families, new or returning make sure we have your most update contact details, medical information and payment details. Enrolment can be made online though our website.

## Getting Started

Book in your  
trial class

1

2

Attend your  
trial class

Confirm your  
classes

3



## Dance Styles

### **Pre Junior Fairy dancing**

The Fairy Dancing™ Program is unique, as it provides opportunities for children to immerse themselves in The Fairies™ experience, and to participate in a learning environment which uses music, movement, and dance to develop children's cognitive, emotional and social needs.

By associating fairies with dancing, the art of dance is transformed into a magical experience that children will cherish.

### **Jazz**

These exciting classes focus on fun style and energising technique. We include a warm up, stretching and corner work in each class.

By attending this class students gain a skill base of co-ordination, balance, rhythm, musicality and posture.

### **Tap**

This is a style of dance that allows your feet to be the accompaniment. Tap offers a high-energy style of dance that combines rhythm with technique.

### **BAL Ballet**

Ballet is the basic structure for all forms of dance.

Our ballet classes are carefully designed to develop the essentials for good dance technique. This means that posture, movement quality, balance and co-ordination are carefully monitored.

### **Hip Hop**

Hip Hop is now an accepted, distinct style of dance which is rapidly increasing in popularity.

CSDS classes offer a fast paced enjoyable class with moves that will not only challenge the mind and body but showcase all aspects of the hip hop style.

### **Lyrical**

Lyrical or Modern Expressive is a style that incorporates slow and expressive dance movements. CSDS classes allow students to use their ballet technique more openly while being encouraged to add feeling to their dance style.

## Dance Styles

### Contemporary

Contemporary or modern dance is a style that takes free natural movements but incorporates them into the technique and structure of ballet or jazz.

In our classes we aim to overlay the discipline of more traditional styles of dance with open interpretations.

### Gymnastics

Gymnastics is one of the most exciting forms of physical exercise. Great for the youngsters, it strengthens muscles, improves co-ordination and builds self confidence.

Students will be assessed prior to being assigned to a class

- Tiny Gymnastics - 2-5 years
- Beginners 6yrs and older – Students at a beginner level
- Intermediate – must be able to cartwheel
- Advance – must be able to do forward/back walk over

### Singing

Learn how to hold a tune while having fun at the same time. CSDS offers classes for beginners right through to advanced singing levels.

From traditional songs to the latest pop and RnB songs, our advanced students compete in various competitions and concerts.

### Musical Theatre

To bring out the actor within, build self-confidence or just to feel at home in front of an audience.

Whatever the reason, Musical Theatre is a great way to tap into your creative side. Learn how to project your voice, to breathe correctly and to relax as you speak.

## Age Groups

**Pre junior** 2–4yrs

**Junior 1** Kindy and year 1

**Junior 2** Years 2 and 3

**Intermediate** Years 4 and 5

**Pre senior** Years 6, 7, 8

**Senior** Year 9+

## Class Fees

Fees are charged in order to maintain placing in classes. This fee is compulsory if the student misses their class. Fees can be paid to our friendly receptionist and is recorded on our database for confirmation. We accept cash eftpos or direct credit.

### Online Direct credit

When paying direct credit please ensure the students name is listed on the transfer information.

Account name – Centre Stage Dance Studio BSB – 062516 ACCOUNT 10166119

Description – Students name/invoice number

### Upfront Payment

Fees paid by the Term within the first 3 weeks of the term will receive a 10% discount.

### Active/Creative Kids

We accept the NSW government vouchers.

These can be submitted on our website.

## CLASS FEES

1 class	\$14
2 classes	\$23
3 classes	\$31
4 classes	\$38
5 classes	\$44
6 classes	\$49
Unlimited classes	\$53
Singing Solo	\$300
(payed upfront by the term)	

## Dates to remember

At CSDS we like to be super organised to help our families work around their busy schedule. Below are important dates to remember. More information will be released closer to events.

### 2022 CSDS DATES



**Term 1 Monday 31 January - Saturday 9 April**  
**10 week Term**

Crazy Hair week - Monday 4th - Saturday 9th April

**Term 2 Monday 25 April - Saturday 2 July**  
**10 week Term**

Queens Birthday - Monday 13th June

Mid Year Rehearsal - Thursday 16 June

Mid Year Concert - Sunday 3rd July

**Term 3 Monday 18 July - Saturday 24 September**  
**10 week Term**

Pyjama week - Monday 19th - Saturday 24th September

**Term 4 Monday 10 October - Saturday 10 December**  
**9 week Term**

Halloween week - Monday 31 Oct - Saturday 5 November

End of Year Rehearsal - Thursday 24th November

Photo weekend - 26th and 27th November

Picnic - Sunday 4th December

End of Year Concert - Sunday 11th December

## Dress code

CSDS has an amazing variety of uniforms that can be purchased at the studio or online. Wearing a uniform is super important for our dancers as wearing our uniform gives our student a sense of belonging to something amazing.

Hair secured off the face and neck, in pony or bun for ballet  
Appropriate and approved dance shoes with strings and laces tucked in

### Ballet

- Studio leotard
- Clean ballet shoes • Ballet stockings
- No skirt or shorts

### Jazz

- Any item of studio uniform • Tan stockings
- Black jazz shoes

### Hip Hop

- Any item of studio uniform
- White high top sneakers

### Tap

Any item of studio uniform

- Tan stockings
- Tan Mary Jane tap shoes (Pre Junior- junior 2)
- Black lace up tap shoes (Int 1 and above)

### Lyrical /Contemporary

- Any item of studio uniform
- Tan convertible stockings
- Ballet shoes (Pre Junior – junior 2)
- Foot undeez/pirouette (Int 1 and above)

## Concerts

Every student has the opportunity to perform in our Mid Year and End of year concerts. Concerts give our families the opportunity to watch our students showcase what they have been working on in classes and provides a sense of pride and achievement while in a encouraging environment.

## Costumes

Over the years we have built up a huge range of costumes to hire. Rather than buying costumes to only be worn once we make it super carefree for our families. Hire fees will be added to your child's class fees during terms 2 and 4.

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## Attendance

We believe class attendance is super important. By committing to your weekly classes helps teachers with concert routines and your dancer's sense of commitment and purpose each and every week.

At CSDS we understand your dancer may be sick or injured. If possible we encourage our students to sit in and observe their classes.

Please let our admin staff know if you know ahead of time for trips planned or school events.

## Sick or hurt

If your dancer is going to be away due to sickness please call our admin staff. Unfortunately we don't offer makeup classes or refunds for missed classes.

If your dancer is injured during class please remind them to let their teacher know immediately and take advice on what to do or not do.

### Ambulance policy

If an ambulance is needed all associated costs will be parent's responsibility. If it is not urgent parents will be informed first.

Insurance (students are not cover for personal injury/ambulance if you want this cover information can be provided)

## Studio Policies

To ensure the safe smooth running of CSDS and an enjoyable experience for all, we ask you read the policies bellow.

If you choose to be a Centre Stage Dance Studio student, we do not allow our students to take any classes at other dance studios or clubs, unless it is in a style that we do not teach (such as Irish or Cheerleading). CSDS students must only be taught by current CSDS staff only. Elite students may be asked by Miss April to enter Dancer of the year at Hollywood Bound. With Approval by Miss April an elite choreographer that is not affiliated with another studio or club may be invited to choreograph.

We expect all dancers to be fully prepared before class. Help students prepare their dance bag and supplies the day before. Make sure they are dressed out in uniform, with hair pulled up in an acceptable form Arrive 10 minutes early to give dancer time to warm up

Any questions or feedback must go directly through our admin term or Miss April - we ask parents and students do not contact CSDS teachers via phone, email or social media. We ask that you respect our teachers privacy and work hours by not contacting them personally.

We want the best learning experience for your dancer. We place dancers in the level we believe they will learn the most. If a dancer feels that they are not getting the most out of their experience, we will work with them on ways to increase their learning within that same class.

Your dancer will follow your example; if you trust the dance instructors judgement and show them respect, your dancer will do the same. This creates the best and most positive learning environment for everyone.



